

Baptcare



- Work towards goals
- Explore new goals

ACT

- Continue safety & wellness planning
- Continue closure planning

 We appreciate your feedback so we can improve too



Evidence Based Practice



Skilled and Qualified Staff



Service based on your needs



Regular visits based on your needs



Visits can be at home, or in the community

IMPORTANT INFORMATION

how that looks for you

• Program information

- Your Mental Health Practitioner will visit and connect with you in a way you are comfortable with.
- Horizons will support you for up to 13 or 26 weeks depending on your progress and needs.
- This Journey map will guide you through the forms and planners used in the program.
- We are NOT a Crisis support Program, for emergency please Dial 000.

HELPLINE DETAILS

For Emergency Mental Health Services Lifeline crisis support 000 1800 332 388 13 11 14