



Choices Short-Term Housing

8 Week Program Journey Map

Baptcare



MEET AND GREET

- Site visit
- Meet your Practitioner
- Gain information about the program



ENTRY

- Welcome Pack of information
- Start Safety Planning
- Gain information about the house rules
- Become familiar with your room and the communal spaces



GOAL SETTING

- We help you understand, plan and set your goals into achievable steps



REVIEW

- 6 weeks Care Plan Review
- Tell us if you have more goals to work towards
- Explore other supports



TRANSITION TO THE COMMUNITY

- Review Care Plan
- We help you get in touch with other supports
- Give us the feedback so we can improve our service



Person Centred Practice



Support based on your needs



Skilled and Qualified Staff



Regular visits

IMPORTANT INFORMATION

- No overnight visitors.
- Follow House rules and attend meetings
- We are NOT a Crisis Support Program and do not provide clinical support, for emergency please Dial 000.
- Mental Health Practitioners are not available 24/7.
- Mental Health Practitioners will visit you frequently.

HELPLINE DETAILS

For Emergency	000
Mental Health Services	1800 332 388
Lifeline crisis support	13 11 14