

# BAPCARE

Committed to Caring | Celebrating 60 Years

Spring 2005



## More Than Just Op Shopping

She is easy to talk to and she smiles and laughs. While sipping coffee she doesn't think twice about delving into her past and telling her story.....

At 36, Donna's life has been far from charmed. At seven, Donna was made a Ward of the State and spent her childhood in homes and hostels. Her youth was not one of support, love or kindness. It was lonely, cold and isolated.

She started using alcohol and marijuana when she was 13. Following her 16th birthday, she gave birth to a baby boy. And when she was 17, she started using heroin.

*"When I tried heroin for the first time, it made me so sick" she said and vowed never to touch it again. Unfortunately, the drug had already "woken up the disease, the monster of addiction inside me" she said. She was a heroin addict for 15 years.*

It was only when Donna's son started using drugs, that she pushed herself into recovery. Today, Donna has been drug-free for three years and eight months, but she lives with the fact that her son is now in prison for his own drug addiction.

*"It is hard as a parent...I just wish I could shake it [the drug addiction] out of him. But it doesn't work like that", Donna said.*

With the support of the 12-Step Fellowship (a place where addicts meet and share experiences, strength and hope) and the kindness of the Ashwood Bargain Browser staff and volunteers, Donna can now say *"I like myself. I've survived and come out at the end having compassion and empathy for others"*.

Donna started visiting her local Bargain Browser store when she moved into the area four years ago. *"Mavis (Ashwood Store Manager) has always been kind to me" Donna said.*

They have become good friends. Before studying, Donna visited the shop once a week to have a good chat and find some bargains. *"Mavis seems to have more interest in me than my family. She actually listens" Donna said.*

With her new, drug-free life, Donna recently completed a Course in Drug and Alcohol Rehabilitation where she was faced with the daunting task of work experience. *"I had never had a job before"*

she said, *"and going into the workplace can be scary"*. Mavis and her team made the experience easy, helping her buy the right work clothes, even offering suggestions.

With this support Donna was able to look and feel good with the knowledge that she would 'fit in'. *"It felt good and helped build my self esteem" she said.*

Entering the workforce for the first time, Donna has now been employed casually as a youth worker in a rehabilitation centre. The young people she assists find it easy to confide in her, as they know she understands what they are going through.

Donna still visits the Ashwood Bargain Browser frequently and brings in her friends from time to time. Relationships and friendships are being created, and they see the Bargain Browser as a place where they will always be guaranteed a friendly face, amidst the many bargains.

*"There's something special about Mavis", Donna said. "She didn't judge me".*

• Pictured above – Donna and Mavis

## In this Edition:

- Message from the CEO
- How to reach out with respite
- [www.bapcare.com.au](http://www.bapcare.com.au)
- Grab your 05/06 Entertainment Book today
- How music is therapy for the soul
- Farewell Kerang's Charity Bins
- Introducing our healing angels and honourable heroes
- Opening the door to community aged care  
....And much more



BAPTIST  
COMMUNITY  
CARE



## Message from the CEO

As I write this comment, BCC awaits three key decisions that will have significant impact on its future direction. We await the outcome of town planning processes for the rebuilding of Hedley Sutton and the expansion of Karana. We also await the outcome of our application to the Aged Care funding round for 20 new licences to expand St Hilary's. A great deal of preparation has gone into making the applications and, assuming those decisions are granted in our favour, more work will then be needed to bring the related outcomes to fruition and to position the organisation for the next stage of its success.

The tasks described above are complex and great skill is required to deliver them. What elements does an organisation need to capture, generate, retain and apply such skills so as to build enduring success? An article I read recently proposed four such elements.

One such element is significance; an organisation must create a product or service that is of real value to others. I touched on this subject in my last Bapcare comment. Community welfare service organisations like BCC have traditionally focussed strongly on the significance of what they do, as embodied in their mission statements. However, having a profound mission alone will not provide for enduring success.

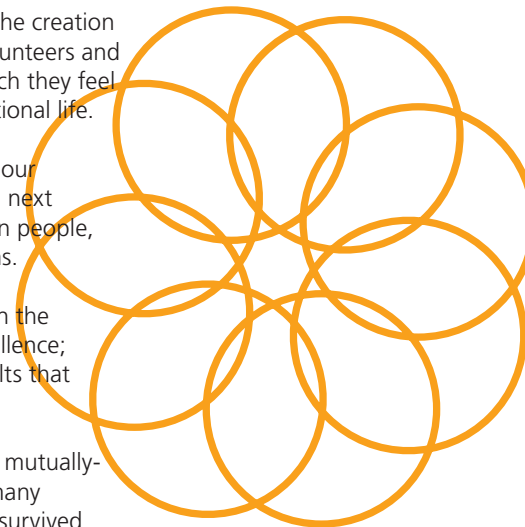
The second key element relates to the creation of a culture of enjoyment; staff, volunteers and clients need an environment in which they feel free to enjoy their roles in organisational life.

The third element is that of legacy; our obligation is to prepare BCC for the next generation of success by investing in people, innovation, client needs and systems.

Finally, future success is also built on the foundation of achievement, or excellence; we must strive for and achieve results that rise above the average.

These elements are, in a real sense, mutually-reinforcing. However, in the past, many charities and welfare organisations survived by focussing largely on the element of significance, and did little to foster the other elements. It is a privilege to be associated with and contribute to the mission of Baptist Community Care. We focus on the other key elements so that this work may continue long after our individual contributions are finished.

**Jeff Davey**  
Chief Executive



### Strathalan Community Open Day

Saturday 1<sup>st</sup> and Sunday 2<sup>nd</sup> October  
between 1pm-4pm  
Cnr Erskine & Greensborough Rds, Macleod




**"Independence, Community, Security"**

You can expect this and more when you move into your new "Retirement Living" Unit at Strathalan. These new architecturally designed units are beautifully appointed and offer:

- Your own home with the security and peace of mind provided by a friendly, community environment
  - Bosch cooking equipment
- Reverse cycle air-conditioning and heating
  - Remote controlled garage
- On-site coffee shop, library, hairdresser, physio, podiatrist, community centre, aged care facility and assisted living accommodation

We invite you to view these units at our open days,  
October 1<sup>st</sup> & 2<sup>nd</sup>.

To find out more please contact Margaret Bridge,  
Monday to Friday Ph. 8458 2223 Mob. 0401 711 819  
Email. [mbridge@bapcare.com.au](mailto:mbridge@bapcare.com.au)




**Committed to Caring**



## Launched: BCC's Pilot Website

After much planning, anticipation and the gathering of information, BCC launched its pilot website on June 17th this year. This is a temporary site and the final version will be uploaded later this year.

The address is [www.baptcare.com.au](http://www.baptcare.com.au) and has information on BCC and its programs, services, volunteers and much more. Check it out!

[www.baptcare.com.au](http://www.baptcare.com.au)

## 2005/2006 Entertainment Books for Sale

BCC is raising funds this year by selling the 2005/2006 Entertainment™ Book. Selling for \$60 each, \$12 from each book sold will help BCC's fundraising efforts.

The Entertainment Book is a fantastic offer and a great gift idea. It contains hundreds of 25-50% off and two-for-one offers from popular restaurants, cinemas, hotels, the Arts and sporting events.

**To order your copy, please contact our Fundraising Department on  
Ph: 9831 7222 or  
Email: [info@baptcare.com.au](mailto:info@baptcare.com.au)**



## Music Therapy for the Soul

BCC goes the extra mile to spice up residential aged care and ensure that our residents' lives are enriched, colourful and interesting.

BCC's Music Therapist, Peter, plays a very significant role in keeping the residents at BCC's facilities entertained by playing a variety of musical instruments. The turnout to his sessions is amazing and he goes out of his way to interact with all the residents, including those that have difficulty communicating. He makes it special for everyone.

Live music is wonderful for the residents; they dance in their chairs when he plays the banjo and expressions of delight appear on their faces when they hear his first note.

At Peter's suggestion, BCC purchased a gramophone that has been a real hit with the residents (and staff) triggering much reminiscing of days gone by.

Music Therapy also encourages residents to become involved. They often sing along when Peter serenades them, and they enjoy it!

BCC staff are very impressed with the efforts Peter makes and listen with pleasure when he sings to individual residents as well as to the larger groups.

• Picture top right – Peter with his gramophone!

• Picture below – Lorna and Sox enjoy the 'sound of music'



Music Therapy also encourages residents to become involved. They often sing along when Peter serenades them, and they enjoy it!



• Picture right – Mercy, Jessica, Jackie and Kristine: Abercare's Healing Angels

## Our Healing Angels: Swinburne Students help Abercare

This year, Abercare was fortunate enough to be chosen by a group of Swinburne University Students, to be the recipients of a fundraising event that formed the main assessment of their 'Project Management' course. The Healing Angels, (Mercy, Kristine, Jackie and Jessica) had to choose a charity, arrange a fundraising event, and present the funds raised at an official ceremony.

After much deliberation, the girls decided on a series of events, including a market day at Swinburne, hosting a stall at the Camberwell Market (starting at 5am!), and conducting money tin collections in Melbourne's CBD.

The girls raised an impressive \$555 towards Abercare's Positive Parenting Program and after speaking with them, we discovered that these events had more benefits than raising money:

*"I personally enjoyed the experience very much. I found it to be very valuable and was thrilled to raise money for a wonderful organisation that does great work."* - Jackie

*"I enjoyed working with the girls who worked hard to achieve what I believe is a great effort. We have now made friendships with each other which I will never forget"* - Mercy



## Farewell to Kerang's Charity Bins

Northaven Community farewelled its Charity Bins and recognised Evan Brough, one of its most dedicated volunteers, at an afternoon tea on August 2.

Nearly 50 years ago, Evan Brough helped out at a working bee to lay a concrete path at the old Northaven building - he has continued to support Northaven in various ways, ever since.

Over 20 years ago, Evan Brough filled the boot of his car with clothing and donated goods from the first Charity Bin located in Kerang.

The funds raised by the Charity Bins and the Bargain Browsers have supported the community through Abercare Family Services. Unfortunately, the Charity Bins have become too expensive to transport from Kerang to Tottenham and the program has now closed.

BCC would like to acknowledge the contribution that Evan has made over the past 20 years with his weekly (sometimes more) pick-up and maintenance of these Charity Bins.

At the afternoon tea, BCC's Chief Executive, Jeff Davey, presented Evan with a framed Certificate of Appreciation and a small gift as a token of BCC's appreciation for Evan's past efforts and support.

Whilst the Charity Bin's operation will be missed by Evan and the community, Evan is still volunteering at Northaven Community, mainly helping with devotions.

Thank you Evan Brough, for your great support of BCC.

## Our Honourable Heroes



### The Honourable Dame Margaret Guilfoyle DBE AC

Dame Margaret Guilfoyle has been a dedicated patron of BCC for many years. In 1976 she was the first Australian woman to be appointed to a Cabinet portfolio when she became Minister for Social Security in the Fraser Government.

She has generously and continuously taken time out of her demanding schedule to represent BCC and promote what we do. She often visits individual sites, meets the residents, hosts patrons' dinners and attends celebratory events such as the 60th Anniversary celebration.

The Honourable Dame Margaret Guilfoyle was included in the 2005 Queen's Birthday Honours List, being awarded Companion of the Order of Australia (AC) in the General Division for her significant contributions to public life in Australia. This is in recognition of her services to hospital and health administration as well as social justice and education. In particular she is seen as a role model to young people and the Australian parliament.

BCC is both honoured and proud to have Dame Margaret Guilfoyle, Mrs Jean Edwards and Mrs Winifred Mott as part of the BCC Community. Congratulations to you all, on your much deserved awards.



### Mrs Jean Edwards OAM

Strathalan resident, Mrs Jean Edwards was recognised for her contribution to the community in the 2005 Queen's Birthday Honours List, receiving an Order of Australia Medal.

Mrs Edwards spent 15 years as a foster carer looking after more than 40 babies whilst they awaited adoption. Due to her love and experience, Mrs Edwards often nurtured babies requiring specialised care and attention, resulting in many trips to and from the Royal Children's Hospital. It was with the loving support of her family that she was able to do this.

Also a strong contributor to the Baptist Community, Mrs Edwards was a member of the Strathalan Baptist Home's Ladies Auxiliary for 22 years and in 1996 she became an official Baptist visitor at the Royal Women's Hospital.

Mrs Edwards has been a dedicated volunteer who has contributed much time, effort and love to the causes that she cares for.



### Mrs Winifred Mott OAM

Mrs Winifred Mott, 92 and a client of BCC's Community Aged Care Services had no warning that she was to receive an Order of Australia Medal from the 2005 Queen's Birthday Honours List. It was an overwhelming surprise but, "I feel very honoured, really" she said.

Mrs Mott trained in dress-making and design in fine handwork at the Emily Macpherson College in Russell Street, Melbourne in 1927. She began her training at the age of 13, when Mr Samuel McCaughey, who donated money to educating children of soldiers, funded her placement.

Today, Mrs Mott has 110 life size models and owns gowns from across the centuries; some more than 100 years old. Also amongst her beautiful collection are dresses and lace donated to her by Dame Elisabeth Murdoch and the Lady April Hamer and others.

Mrs Mott has used her collection to help the community and has hosted fashion parades for charities for over 50 years. Her Mt Eliza home, built by her late husband to showcase her exquisite collection, is more like a gallery and a museum than a house.

"I have had a wonderful life because I have enjoyed what I have done" said Mrs Mott, "I just love the beauty of handwork".

## Ms Thompson and Mr Curtis: Welcome to BCC's Board

BCC welcomed two new board members, Ms Christine Thompson and Mr Philip Curtis, on the 26th May 2005.

Ms Christine Thompson has a Bachelor of Technology (Chisholm Institute of Technology) and is a Member of Australian Institute of Company Directors. She has held her role as Chief Information Officer at Powerdirect since 2001 and has 17 years IT industry experience, 12 years of management experience and six years consulting experience across a wide range of industries including banking, finance, treasury, manufacturing, distribution and energy.

Ms Thompson has also been a member of many energy industry committees including; Information Exchange Committee, B2B Infrastructure Workgroup, National Electricity B2B Forum, Victorian B2B Management Committee, Chair B2B Readiness Co-ordination Group.

Mr Philip Curtis has a Bachelor of Laws (Monash University), Bachelor of Economics (Monash University) and is a Member of the Law Institute of Victoria, a Law Institute of Victoria accredited specialist in Commercial litigation and a Law Institute of Victoria approved mediator. He is a partner in Moores Legal, and has practised law for 22 years.

During 2000-2003 he was the Chairman of Whitehorse Business Group and has held other roles as Chairman of CHBC Links Inc., and Member of School Council of Ringwood Heights Primary School.

BCC is proud to have both Ms Thompson and Mr Curtis on its board and would like to offer them a warm welcome.

Spring 2005

## Opening the Door to Community Aged Care

- Pictured left – BCC Community Aged Care General Manager, Tim Noonan and CEO, Jeff Davey proudly open the new office with Mayor Casbolt and Mr Broadbent
- Pictured right – Mayor Glenys Phillpot and the Hon David Hawker MP cut the Warrnambool Office's red ribbon with Tim Noonan.

**Community Aged Care Packages (CACPs) and Extended Aged Care at Home (EACH) programs are federally funded packages of care that assist older people to remain living in their own homes for longer. Community based services like CACPs and EACH focus on the hearts and minds of clients, improving their overall health and wellbeing.**

**Due to past success in Aged Care Approval Rounds, Baptist Community Care has had to open a number of new offices to cater for the increased number of packages available.**

### Korumburra Office Opening



BCC's Korumburra Community Aged Care Office was officially opened on Tuesday the 28th of June.

Mr Russell Broadbent, Member for McMillan, Cr Diane Casbolt, South Gippsland Shire Mayor and Jeff Davey, BCC's Chief Executive, officially opened the office, cutting the red tape.

Mr Broadbent said that he *"sees clients improving under this type of care (Community Aged Care) and it is a real benefit to the local community as it takes older Australians out of isolation and re-socialises and integrates them back into the community"*.

Korumburra is BCC's third Community Aged Care office in Gippsland, the other two being located in Morwell and Bairnsdale.

### Warrnambool Office Opening



BCC had the opening for its Community Aged Care Office in Warrnambool on Monday the 11th July at 12pm.

The Barwon South/West Community packages office was officially opened by the Hon David Hawker MP Speaker- House of Representatives and Member for Wannon and Councillor Glenys Phillpot, Mayor of Warrnambool City Council. The opening was also attended by other CACP providers, clients and other service providers in the region.

The Hon David Hawker congratulated BCC on its Community Aged Care efforts and said *"I would like to note the partnership approach that BCC has to caring and I believe that the intent to focus on rural and remote areas is very important in this region"*.

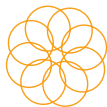
## Contemplations Corner

**Rev John Walz,  
Pastoral Care Coordinator**

People's lives are worth celebrating! Recently some people I know decided to do just that for a woman who had turned 95. As her daughter told us about her mum's life, we laughed at stories we'd never heard or imagined. We were captivated by the emerging picture of her life, the events and adventures, the people she knew and the indications of God's presence and help. And we were moved and inspired as we heard of the hard times she lived through, helped by her faith in God. It reminded me of the wonder and mystery of each person's life, and that an interactive relationship with a God who loves us makes all the difference in life.

### Prayer and Thanks

- Give thanks for the successful move by BCC and BUV staff into the new premises in Camberwell, and the hard work by the staff who made it happen.
- Pray for the Board as they guide Baptist Community Care into the future.
- Continue to pray for the staff and residents at Strathalan Community as they live and work with the noise and disruptions caused by the building works.
- Give thanks for our chaplains, and pray for them as they work with residents, their families and staff.



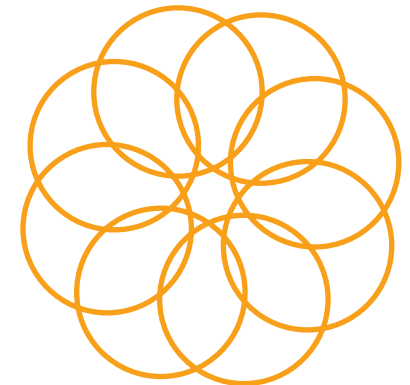
## Abercare Getting 'Wrapped' Up

We are very excited about operating Christmas "Gift Wrapping" Stalls in various Shopping Centres around Melbourne this Christmas. We need your help in supplying wrapping paper, ribbons and volunteers to gift wrap for shoppers throughout this joyous season. Proceeds from this event will be going to Abercare Family Services.

If you want to make a difference to our clients and their families this Christmas, then this is the perfect opportunity for you, your family and friends to do so. Even if you don't consider yourself a "fantastic" wrapper, we will provide you with training. Whether it is two hours, five hours, a day or even a few days, your time, efforts and support will be truly appreciated.

Not only will you be helping those in need, but you will be admired by your friends and family for your gift-wrapping skills that you learned along the way.

**For more information on the Abercare Gift Wrapping Stalls, call the Fundraising Department on 9831- 7222 or email [info@baptcare.com.au](mailto:info@baptcare.com.au)**



## Mission Statement

Excellence in Christian care for individuals, families and the community.



### Baptist Community Care

#### Abercare Family Services Caring for Children, Youth and Families

- Family Support
- Home Based Care
- Disability Services
- Baptist Bargain Browsers
- Community Housing

#### Residential Aged Care

- Hedley Sutton Community, Canterbury
- Karana Community, Kew
- Strathalan Community, Macleod
- Westhaven Community, Footscray
- St Hilary's Community, Morwell
- Northaven Community, Kerang

#### Day Therapy and Day Centres

- Strathalan Day Therapy, Macleod
- Westhaven Day Therapy, North Sunshine
- Hedley Sutton Day Therapy, Canterbury
- Karana Day Therapy, Kew
- Southaven Day Centre, Bentleigh

### Community Aged Care

- Church Nursing Service, Brunswick
- Barwon South West Community Packages
- Loddon Mallee Community Packages
- Gippsland Community Packages
- Southern Metropolitan Community Packages
- Eastern Metropolitan Community Packages
- Northern Metropolitan Community Packages
- Western Metropolitan Community Packages

### Caring for All

- Chaplaincy

### Care to be involved?

- Volunteers
- Prayers
- Donations and Bequests
- Development Fund

### Baptist Community Care Ltd

ABN 12 069 130 463

#### General Enquiries

Central Office  
Level 1/1193 Toorak Road  
Camberwell VIC 3124  
(PO Box 230, Hawthorn VIC 3122)  
Ph: (03) 9831 7222  
Fax: (03) 9831 7272  
Email: [info@baptcare.com.au](mailto:info@baptcare.com.au)  
[www.baptcare.com.au](http://www.baptcare.com.au)

If you are interested in contributing a story to BAPCARE, please email the above address.

Newsletter of Baptist Community Care,  
an agency of the Baptist Union of Victoria