

Secondary School Information Pack



Baptcare Student
Leadership Residential
Aged Care Program

Baptcare

the best of care

baptcare.org.au

Mission Vision

Partnering for fullness of life with people of all ages, cultures, beliefs and circumstances.

Communities where every person is cherished.



Values

Our Mission & Vision are lived through our WE CARE Values.

We care about...

Our Customers

Our Team

Wellbeing	... you living your life with meaning, we partner with you to enhance your health, safety, comfort and spirituality.	... strengthening our teams by cultivating a safe and encouraging work environment that enables personal growth.
Ethics	... being genuine with you, leading with integrity and fulfilling Baptcare's purpose in harmony with community expectations.	... being inspired by justice. We act with integrity and do the right thing by our customers and each other in light of current and future needs.
Co-creating	... building personalised and innovative solutions with you and our allied partners, with your goals as our shared focus.	... building an exciting future together with our customers in focus, by empowering everyone to contribute and encouraging adaptability, creativity and collaboration.
Accountability	... fulfilling our commitments to you and accepting our responsibility to continually improve.	... fulfilling our commitments and responsibilities, using our resources wisely and being able to reflect, speak up and adapt when needed.
Respect	... understanding and embracing your individuality, standing up for your equality and protecting your dignity.	... treating one another as we like to be treated ourselves, by welcoming differences with an open mind and promoting equality and dignity.
Effectiveness	... being focused on achieving the best outcomes for you, with you.	... ongoing improvement in the focus of our people and resources to achieve positive outcomes for our customers.

Who is Baptcare?

Baptcare is a purpose-driven organisation that provides residential and community-based care for elderly people, as well as support to Children, Families, people with disabilities and those experiencing financial disadvantage, and those seeking asylum.

A large focus of Baptcare is the Residential Aged Care Communities, where Residents are based in sites around the country. While the highest quality of care and support is given by the Staff in the sites, it is the Volunteers who ensure that fullness of life is experienced by all clients. This stems from the new experiences brought by Volunteers, the companionship they provide and their ability to participate in exciting activities with the residents.

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Get involved



This Leadership Program gives the Students opportunity to make a difference in society by Volunteering at Baptcare Residential Aged Care Community (RAC). Contributions made by the Volunteers will be recognised through a variety of leadership awards.

Leadership program

Recognition for Volunteer efforts will be awarded to Students who are actively engaged in Baptcare's life and display leadership characteristics. If they continue their involvement through different Volunteer activities and projects (refer to page 3), further awards may be achieved.

Induction

It is required that each Student attends an induction session before commencing their Volunteering activities. Part of this can be completed online and the remainder of the induction will include a tour of the facility and meeting Residents and Staff in the Residential Aged Care home. As part of their induction, information will be provided to explain different communication methods to utilise with Residents and some basic information on Residents with dementia and emergency protocols.



Class Visits to Residential Aged Care Communities

Class visits to Baptistcare Residential Aged Care Communities are a fantastic way to introduce high school classes to the rewarding nature of Volunteer work and encourage Students to seek out Volunteer opportunities that excite them!

An initial site visit will include a tour of the facility, question and answer session with site Staff, and a variety of activities for Students to engage with.

If a class group would like to continue their involvement with Baptistcare, and Volunteer as a group on a more regular basis, this is certainly possible. Between the classroom Teacher and Baptistcare Staff, different opportunities and activities can be organised for Students during their time as Volunteers.

Multiple Volunteer opportunities are available for secondary Students who Volunteer with Baptistcare. These include, but are not limited to:

- Interacting with Residents in the centre
- Participating in administration tasks with the reception team
- Creating and running activities and new experiences for Residents
- Adopting a Grandpa (Refer to program information on page 7)
- Board Games (Scrabble, Chess etc.)
- Zumba
- Botanical Gardens Picnic
- Gardening
- Bingo
- Karaoke
- Table Tennis
- Pet Therapy
- Playing video games (on the Wii console)



Work experience placement

Baptcare is open to taking on work experience Students in Residential aged care centres and the Camberwell office. Work experience Students will have access to the same experiences defined in this booklet, but will see Baptcare in a more intensive setting, thus allowing them to more keenly observe the organisations operations.

As Baptcare is a not for profit organisation, work experience Students won't be paid for their time, but will instead gain lots of knowledge from their time at Baptcare. Furthermore, the Students will be eligible for leadership awards based on their time at Baptcare.

Why gain work experience at Baptcare?

Residential Aged Care Communities are the perfect place for you to complete your work experience. No matter what field you think you might go into after school, the residential communities will provide hands on experience in a range of areas from the dining room to the front desk to the games room and everywhere in between!

Not only this, but by completing your work experience at Baptcare, you can achieve leadership awards based on your contribution to the centre.



The Benefits

If you do a great job, we can offer you some or all of the following benefits:

- A completion certificate acknowledging the hours Volunteered at Baptcare, and what area the Student excelled in
- A letter outlining in relative detail, the tasks and contributions made by the Student to Baptcare
- In some cases, the Students' supervisor will provide a reference for future job or Volunteer role applications
- Gain experience with interviews and meetings
- Contribute positively to society

As part of Baptcare programs, Students will progress in some or all the following Australian curriculum outcomes:

Social Management

- Communicating effectively
- Working collaboratively
- Making decisions
- Negotiating and resolving conflict
- Developing leadership skills

Social Awareness

- Communicating effectively
- Working collaboratively
- Making decisions
- Negotiating and resolving conflict
- Developing leadership skills



Awards Program

A Volunteer's contribution at Baptcare will be recognised through different awards, below is a rubric outlining the criteria for each award. Any Volunteers that goes above and beyond these criteria may be eligible for the CEO award.

Secondary School Award	Recommended Age Range *	Hours	Co-Creating	Innovation	Respect	Digital Literacy	Wellbeing
Ruth Wilkins Award A woman generous with her time and money who provided the means to open more centres	Year 7-8	3	Looking out for other class members during site visit and working together to complete activities with the residents	Thinking critically about the centres operations and asking inquisitive questions	Acknowledging the life story of residents, from childhood to now	Identify and recognise technology used in the centre and compare that to its use in your daily school life and school	A creative piece given to the residents which reflects on the visit to the centre
Bill Collard Award The first full-time resident Superintendent and eventual General Superintendent to the Homes	Year 9	10	Showing initiative when approaching assigned tasks and contributing to the Volunteer team productively	Present one new activity idea to your Supervisor and gather feedback on your idea from one Resident	Understanding the individual stories and experiences of Residents, and how these are similar and different to your own story and personal development	Understanding the different technologies used in RAC sites through discussions with Residents and Staff members	A short reflection (written or visual media) for each RAC site visit. Reflect on how Staff and Residents involved you, and what you have learnt during your service
Heather Jerilu Award The first recipient of Baptcare recognition for 50 years of Volunteering service	Year 10-12	30	Encouraging other volunteers to work together to achieve tasks, and looking out for all Volunteers, ensuring everyone is actively engaged in centre life	Complete a trial of one new idea for the centre, and review how it went with Residents and Supervisor	Assisting younger Volunteers to achieve their goals, and promoting equality and dignity of elderly in the community through reporting and storytelling at school	Identifying and understanding the different technologies used in RAC sites to ensure the safety of Residents	A reflective diary (written or visual media) showcasing the wide variety of experiences you have had at the RAC site and reflections on each of the award criteria
Sheila Diamond Award Volunteered for over 20 years. She was well known for never forgetting anyone's name!	Work experience Students	40	Showing initiative when approaching assigned tasks and contributing to the Volunteer team productively	Complete a framework for one new idea for the centre, and review this with the Residents and Supervisor	Understanding the individual stories and experiences of Residents, and how these are similar and different to your own story and personal development	Identifying and understanding the different technologies used in RAC sites to ensure the fullness of life experience by Residents	A reflective diary (written or visual media) showcasing the wide variety of experiences you have had at the RAC site and reflections on each of the award criteria
Ivy West Award A hard working nurse who Volunteered her time and made house calls for 3 decades	Ongoing Secondary School Service	60 hours over at least 4 months	Once a Student has received the award relevant to their age group, they are able to achieve the Ivy West Award in addition, to acknowledge ongoing Volunteer work and relevant achievements in all criteria.				

* These age ranges are recommended only - they are designed to be a guide for where students should begin if they have not been involved with Baptcare before

Secondary School Opportunities

Our Year in Pictures Books

Students may wish to assist the Lifestyle Team at our RACS Communities to put together a book each year of photos depicting the activities that the Residents have participated in. The books would be created and given to the Resident each year at Christmas time. Students would be involved in the design work of the books and helping the Lifestyle team to create them



The Life Story Project

Baptcare has some wonderful books that are similar to baby books that Mum and Dad filled out for us when we were little. These books however are designed to capture the life story of our older generation.

Student Volunteers visit with our Resident's regularly and help them to fill in the books, paste in photos and answer the questions. Once its completed, our Resident has a lovely book full of wonderful memories to look through and lasting memories of their lives.

Some RAC Communities also offer the digital story project.

If you love to write, talk about real history or love to create, this could be the perfect program for you.





Adopt a Grandpa

The 'Adopt a Grandpa' program is for caring and compassionate individuals or family units, interested in adding value to an elderly citizens life; which in turn, will add value to their own.

In creating a new connection with someone outside of the residence, elderly gentleman are provided with a new lease on life.

Research has shown us that elderly Men in care tend to feel isolated more than women and more at risk of loneliness than women. To support our male Residents, Baptcare communities offers our male Residents the opportunity to get together once a week for a men's group. To compliment this, we have invited school Students to Volunteer at our communities once a week and to play games on a Wii console with them. The games include anything from bowling to trivia. Each Student is allocated to one Resident and they spend an hour or so each week playing games and spending time together. They don't always play on the Wii, sometimes they read, play music, or just chat about what it was like growing up after the world wars.



Eating With Friends

A new initiative due to begin in 2020

Our Residents eat every meal with the same people everyday. While they love catching up with the friends that they have made since joining our community, by the weekend, they are feeling a little bored and tell us that it would be nice to have some new faces at the dinner table with them.

Student Volunteers will be invited to share a lunch time meal with our Residents on the weekends or if possible during the week. They can bring their own packed lunch or purchase a meal at the cost offered to our Volunteers at each Community.

We will also be asking Students and Volunteers to play music for them after lunch once a month, as a form of entertainment on the weekends. Eating with Friends Volunteers can stay and join in activities such as the book club, gardening club or play board games with the Residents.

If you are interested in having lunch with one of our Residents once a month on a weekend, to listen to their life story and to share some time with them, Eating with friends could be the program for you.



My Dad's a Hero Project

Weekends can be difficult for our Residents. There are not as many activities on offer and for those Residents whose families are unable to visit, it can be a very lonely time.

Baptcare invites Dad's (Mums or Teachers) to become Volunteers with Baptcare and to bring along their children to visit one of our Residents. They may choose to play family board games with them, watch a movie together, take a walk, do some craft or other activities.

If you think that your Parent or Mentor would enjoy volunteering with you then this program is for you.



Family Involvement: My Dad's a Hero program

The 'My Dad's a Hero' program is a way for families to get involved in Baptcare programs, allowing dads to bring their family into Residential Aged Care Communities and spend quality time with a Resident. Each visit the family will be paired with a Resident they have shared interests with and will be able to complete activities and have conversations with them at the centre!

This program is very flexible, with visit times and durations being up to the family. All visits will occur during the school term, but there may be scope for school holiday visits as well. There are no lock-in contracts, but Baptcare encourages families to be involved in the program for at least a term.

This program provides the perfect opportunity for Dads to be a strong role model for their kids.



Contact List

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